



BDAC Events 2024

Saturday 2 nd March Sunday 3 rd March		Essex County Indoor Championships	Lee Valley N9 0AR
Sunday 14 th April	EYAL	Thurrock, Chelmsford, Brentwood Beagles, Braintree, SS Athletics / Enfield & Haringey, Bedfordshire Lions	Thurrock RM16 2QT
Sunday 28 th April	EAL	Cambridge & Coleridge, Ipswich, Braintree, Luton, CATS, Southend	Cambridge CB3 9AD
Sunday 5 th May	EYAL	CATS, Bedfordshire Lions, Ipswich, Dacorum, Colchester Harriers, Braintree	Braintree
Saturday 18 th May	SAL	Colchester Harriers, Braintree, West Suffolk, Basildon, West Norfolk, Southend	Colchester CO2 7TL
Sunday 26 th May	EAL	West Suffolk, Ipswich, Braintree, CATS, Southend, Diss/Woodbridge/Jaffa	Bury St Edmunds IP33 3TT
Sunday 2 nd June	EYAL	Cambridge & Coleridge, Brentwood Beagles, Colchester Harriers, Havering, Braintree, SS Athletics / Enfield & Haringey	Cambridge CB3 0EQ
Saturday 15 th June	SAL	Basildon, Southend, Colchester Harriers, Braintree, West Norfolk, West Suffolk	Kings Lynn PE30 2NB
Sunday 23 rd June	EAL	Ipswich, West Suffolk, CATS, Cambridge & Coleridge, Diss/Woodbridge/Jaffa, Braintree	Bury St Edmunds IP33 3TT
Sunday 14 th July	SAL	Basildon, Southend, Colchester Harriers, Braintree, West Norfolk, West Suffolk	Basildon SS14 3GR
Sunday 21 st July	EYAL	Chelmsford, St Albans, Braintree, Stevenage & Hawks, Colchester Harriers, CATS	Chelmsford CM1 2EH
Saturday 17 th August	SAL	Colchester Harriers, Basildon, Braintree, West Suffolk, Southend, West Norfolk	Colchester CO2 7TL
Sunday 1 st September	EAL	FINAL	Bury St Edmunds IP33 3TT
Sunday 8 th September	EYAL	Top 6 FINAL / Plate Final	TBA / TBA

EAL U11 / U13 / U15 / U17 / SEN	EYAL U13 / U15 / U17	SAL U17 / SEN
Team Managers		
U11 EAL Denise Twydell U13 EAL/EYAL Charlotte May	U15B/U17M EAL/EYAL Jane Roach U15G/U17W EAL/EYAL Mike Hills	U17M/U17W SAL Mike Hills SM/SW SAL Mike Hills

To enter any of the league matches fill in your details here <https://bit.ly/BDAC2024Events>
Or scan the QR code above.

NOTE County Championships are entered privately via the following links
Indoors - <https://meets.rosterathletics.com/public/competitions/details/about?id=24446>