

Braintree & District Athletics Club 2019

Athlete Name:

Age Group:

Please complete this and return to to the gate as soon as you can. Your details will be passed onto the team managers who will advise of the teams.

League details:

Southern Athletics League (SAL)	U17 / Seniors
East Anglian League (EAL)	All Age Groups
Eastern Young Athletes League (EYAL) U13 / U15 / U17	

U11 - max 3 events from 80m / 600m / LJ / SP

U13 / U15 / U17 - max 3 events plus a relay

Sat 13th April - SAL - Watford WD25 7HH				
1:	2:	3:	4:	Relay:
Sun 14th April - EYAL - Thurrock RM16 2QT				
1:	2:	3:		Relay:
SAT 4th May - EYAL - St Albans AL1 2DJ				
1:	2:	3:		Relay:
Sat 18th May - SAL - Peterborough PE1 5BW				
1:	2:	3:	4:	Relay:
Sun 26th May - EAL - Bury St Edmunds				
1:	2:	3:		Relay:
Sun 2nd June - EYAL - Ware SG12 0UG				
1:	2:	3:		Relay:

Braintree & District Athletics Club 2019

Athlete Name:

Age Group:

Sat 15th June - SAL - BRAINTREE				
1:	2:	3:	4:	Relay:
Sun 23rd June - EAL - Luton				
1:	2:	3:		Relay:
Sun 7th July - EYAL - BRAINTREE				
1:	2:	3:		Relay:
Sat 13th July - SAL - Battersea SW11 4NJ				
1:	2:	3:	4:	Relay:
Sun 21st July - EAL - Braintree				
1:	2:	3:		Relay:
Sun 4th August - EAL - Ipswich				
1:	2:	3:		Relay:
Sun 11th August - EYAL - St Albans AL1 2DJ				
1:	2:	3:		Relay:
Sat 17th August - SAL - Parliament Hill NW5 1QR				
1:	2:	3:	4:	Relay:
